# AutoZap5 Instructions

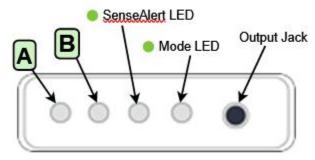
Your set includes a AutoZap5 zapper with batteries, 2 sets of long wires with a plug on one end and two snaps on the other end, 2 pairs Super-Cuffs™ wristbands, and 1 instructions. If you have The Integrated Wellness System, your kit will also include the Flex Zappicator.

# Using the AutoZap5 with the wrist cuffs (or Gloves)

How To Begin: The AutoZap 5 generator must be connected before use.

- 1. Separate the wires to about half their length. They will "unzip" easily.
- 2. Slide the Super-Cuffs onto your wrists (or ankles). If you have the gloves, gently put them on. See more below about the Supper-Cuffs.
- 3. Snap on the ends of the wire to the metal studs on the Cuffs, or gloves.
- Insert the plug on the wire into the Output jack on the end of the AutoZap5. You are ready!





## AutoZap 5 Front Panel

#### **Quick-Zapping Mode: 5 Minutes**

This super fast mode is the crown jewel of the AutoZap 5. WE USE IT EVERY DAY, and suggest you do the same. **Press and release the A button once. The Red mode LED will light.** In a few seconds you will hear a beep, and the green SenseAlert LED will light if you have the wristbands correctly connected. In just 5 minutes the cycle is over, and you will hear a triple descending beep as it shuts off. *Five years of testing have shown that this simple 5 minute cycle is as effective as the 63minute cycle of other Clark zappers.* This is the mode we use every day to keep tuned up. You may repeat this 5 minute cycle as often as you wish by simply pressing button A after you hear the end beep. For 60 minute sessions, use solid yellow mode.

#### Food Zappicator Mode: 15 Minutes

Connect the SuperZappicator to the AutoZap 5. **Press the A button twice**. **The Green mode LED will light**. Wait, and in a few seconds you will hear a beep as the cycle starts. The green SenseAlert light stays OFF with the zappicator. After 15 minutes the descending end beep sounds, and you're done.

# --

#### **Body Zappicator Mode: 30 Minute**

Plug in the SuperZappicator. **Press the A button twice, then press the B button**. **The Green mode LED will start to flash**, the green SenseAlert light will stay OFF. It will run for 30 minutes, ending with a triple descending beep. Repeat if desired.

#### 60-Minute Constant-On Mode

**Press the A button 3 times. The Yellow mode LED will light.** This mode is designed for those who need extensive zapping without interruption. It uses the gentle signal from the 5-minute Quick-zapping cycle, and runs for 60 minutes continuously. It is just like doing twelve 5-minute cycles, one right after the other. This gives the effect of twelve hours of zapping the old way.

#### Classic Zap" Cycle 7/20/7/20/7 Minutes

If you would like to do Dr. Clark's original timed zapping cycle, you may do it in the flashing yellow mode. **Press and release the A button 3 times (the yellow LED mode will light), then press the B button. The Yellow LED will flash.** This runs 7 minutes on / 20 minutes off / 7 minutes off / 7 minutes on. The unit gives a long beep at the start of each output session, and a short beep at the beginning of each rest period. It will shut off at the end of the cycle with a triple descending beep. Side note: the 5-minute Quick-Zapping cycle is just as effective, if not more, and is much faster.



# **SuperCuffs**™

- 1. Attach the snaps from the included cable wire to each Super-Cuff.
- 2. Insert the plug into the jack of the AutoZap5 zapper.
- 3. Place each Super-Cuff approximately 2 inches above each wrist or ankle.
- 4. Test the connection by pressing the A button on the AutoZap once, and make sure the SenseAlert light turns bright green. This shows that the Super-Cuffs are working correctly. If you see the SenseAlert light is weak during zapping, spray a little water on the cuffs to help get a good connection. (SIDE NOTE FROM SELLER: we ALWAYS wet the Cuffs for a better connection.)
- 5. Avoid touching your two hands (or feet) together, as this will short out the zapping connection.
- 6. If occasional cleaning is necessary, hand wash gently with mild soap, rinse, and air dry.

# SenseAlert LED

The green SenseAlert LED only lights up when the output current flow is correct (wires and connections are OK). If it is not bright green when zapping, check the connections and dampen the Cuffs. The SenseAlert light only lights when pulses are being put out. It will not light during the rest periods. (63 minute cycle) The SenseAlert LED stays OFF when using the SuperZappicator.

# **Battery Info**

## **Guaranteed 10 Volt Constant Output**

The AutoZap 5 is designed to give a constant 10 volt DC output over the full useful life of its two AA batteries, with the 0.25 volt DC offset specified by Dr. Clark. Because of its super-efficient design, the AutoZap 5 will give 1000 five-minute quick-zapping cycles on a set of alkaline AA batteries.

## Low Battery Indication

When the batteries are running low, the unit will beep a distinctive short high-low tone every two minutes to alert you. When the batteries are too exhausted to guarantee correct operation, the unit will shut off automatically, after giving four long high-low beeps. The batteries must then be replaced to continue zapping. *You don't need to change the batteries until the zapper won't start.* It won't begin a cycle unless it has enough energy left to complete that cycle. A new battery will not produce more power than an older battery that is still working. Voltage and amperage are controlled by the zapper.

# How to Change the Batteries

To replace the batteries, simply slide out the door on the back of the unit. Carefully pry out the old batteries, noting the polarity of each one. Wait at least 15 minutes, then insert fresh alkaline AA batteries, oriented the same way as the batteries you removed. Don't push too hard on the metal slats, you don't want to push (bend) them in too far. Carefully slide the cover door fully shut. Don't mix batteries (new with old)... and use the same brand, new, each time.







# **SuperZappicator**<sup>™</sup>

Think of a Zappicator as a magnetic antenna to send zapping power directly into the body as well as into food. This is very different from the effect of the zapper current alone, which energizes the white blood cells, according to Dr. Clark. Using both the zapper current through the body and the magnetic antenna on the body gives a synergistic effect. Because of this, the Auto-Zap 5 Integrated Wellness System can do several things not possible with any zapper alone.

## How To Begin

Plug the black end of the included wire into the output jack on the AutoZap5, and the red end into the Zappicator.

## **Using With Food**

- 1) Place the food or other items to be zappicated on top of the Zappicator. If they are in metal containers, place them into glass or plastic containers for zappicating. Remove metal lids from glass jars while zappicating, as they can distort the magnetic field and hinder the process. There are several magnetic speakers inside to supply signal to the entire top surface, so you may cover all of it. The effect will extend up to the height of a gallon milk jug, about 30 cm (12 inches). A large wicker basket is great for stacking produce.
- 2) On the AutoZap 5, **press the A button twice until the LED turns green**. The green SenseAlert LED will not light when zappicating. When it beeps in 15 minutes, the food is ready.

For more details, see pages 243-245, 519-520, 531-532 and 539 in "The Cure for HIV and AIDS," and pages 553-555 in "The Cure and Prevention of All Cancers," by Hulda R. Clark, PhD, ND.

## Using With Your Body (Or Your Pet):

The idea here is to obtain directly in the body the purifying benefits Dr. Clark has found in zappicating food. Read pages 243-245, 519-520, 531-532, and 539 in "The Cure for HIV and AIDS," and pages 553-555 in "The Cure and Prevention of All Cancers," for many interesting facts about this technology. For serious purifying of the body, you should feed your white blood cells by taking organic germanium, selenium and vitamin C beforehand. Contact us for these items. See a video on feeding your immune system on the video page at www.BestZapper.com Read about it in Dr. Clark's "The Cure and Prevention of All Cancers," pages 152-154.

1) Place the Zappicator on the area of concern. The side labelled "North Pole Side" must face the body. No direct skin contact is needed, because it works magnetically. The Zappicator is a safe and simple device, and you may experiment freely. Remove any metal items from the immediate area while zappicating, because they can distort the magnetic field and hinder the process. The specially selected magnets inside the unit supply good signal coverage to the entire top surface, so you may employ all of it. The effect will extend at least 12 inches (30 cm) from the north pole side of the box.

NOTE: avoid having parts of the body within 12 inches of the back side of the zappicator box, as the south pole magnetic field there may undo the good effects of the north pole side. This simply means to lay the box against the body, or lie on top of the Zappicator, instead of holding it in place by hand. Do not sit on the Zappicator or otherwise crush it with excessive force.

- 2) Press the A button twice on the AutoZap 5 zapper, then press B once to get a flashing Green LED. It will run for 30 minutes and stop with a triple beep. Side note: you can use the Zappicator in any mode really. Ex. Red, Yellow, etc. You may safely repeat this several times a day if you wish. Be aware that you may experience cleansing symptoms as the body deals with toxins and parasites. Drink plenty of clean water, and get good rest to help your body through this time. Remember, it is far better to have the invaders OUT, rather than IN your body!
- 3) For pets it is good to place the Zappicator in a plastic bag to keep it clean and dry. You may then place it under their bed or blanket, with a pillow for comfort if you wish.



(Picture shown here is with the OLD Zappicator)

# How to Zappicate Teeth

Dr. Clark and many other health professionals explain why teeth health is so important to our overall health. Many organisms originate in our mouth and then migrate to other areas of the body. Usually due to some toxic substance found there. Dental foci, clostridium difficile, parasites, etc. are just a few examples. Side note: this is also helpful to the sinus cavity and brain.

**To Zap your mouth (teeth and jawbone):** simply lay your head on the top surface and run the zapper cycle you prefer. (We use flashing Green Mode and Red Mode regularly.)

Dr. Clark has found that the Zappicator can also be used to harden plastic, to prevent seeping of uncured dental resins and other components. For this purpose, place plastic teeth (or lay your head) on the top surface. Run the AutoZap 5 in **Green mode** for at least 7 minutes, then take a break for at least one ½ hour. Repeat Green Mode for at least 7 minutes. Take a second break for at least one ½ hour. Repeat Green Mode again for at least 7 minutes. The effect on the plastic is permanent.

# Warranty

The AutoZap 5<sup>™</sup> and Flex Zappicator<sup>™</sup> are covered by a 5 year parts and labor warranty. Damage due to careless handling or moisture is not covered. Please do not open either device. There are no serviceable parts inside.

Flex Zappicator<sup>™</sup> is FRAGILE, due to the ceramic magnetic components inside. To prevent damage, DO NOT DROP THE UNIT or subject it to sharp impacts. It will serve you for decades.

Super-Cuffs<sup>™</sup> are covered by a 90-Day manufacturing defect warranty. Because they are a consumable item, damage due to normal wear and tear or careless handling is not covered.

**DISCLAIMER:** Although some of us and or our customers may be interested in the research and statements of Dr. Hulda Clark, this company, its web site and owner do not adopt any health or disease related claims based on her work or otherwise. Our products are not intended to diagnose, treat, cure or prevent any disease, nor do we provide such information in any form. Our products are made in conformity with Dr. Hulda Clark's protocols. These are the same that she used and tested herself at her clinics. Dr. Clark never sold any supplements or equipment on any websites, even if the websites look like they represent her. We are not responsible or liable for any actions or diagnosis made by a user based on the content of this material. We encourage you to consult with your health care professional and do personal research.



Frequency Rising 951-303-3471 9-5 PST FrequencyRising.com